

Zhou Yinghui



English version:

During the six months in Japan I have grown a lot, among which the most important improvement is that my self-confidence has been greatly improved by constantly learning new things and overcoming new difficulties. Before going to Waseda, I was often afraid to take a new step because of my lack of confidence. But in the exchange program, I experienced the first time to take a full semester of classes in English, to learn and apply a new language, to cook all kinds of food... These experiences tell me that even if for the things I haven't tried before, as long as I put effort into them, there will be gains. I've asked several other friends about this, and they feel the same way. There are different aspects of the exchange program so that everyone finds himself valuable in one area or another.

In addition, it must be mentioned that in the exchange life of Waseda, I have forged a very deep friendship with many students from different countries. Some I knew in Waseda also came to Peking University as exchange students, and we often keep in touch. Recently I'm doing my best to help them better adapt to life in Peking University.

Generally speaking, exchange in Japan is the most precious experience of my college life.

Chinese version:

在日本的半年时间里我收获了许多成长，其中最重要的是不断学习新事物、克服新挑战的过程让我变得更加自信，不再是本科低年级时总是自我怀疑的状态。在去早稻田之前，由于缺乏自信我常常害怕迈出新的一步，但是在“早稻田——康师傅”项目中，我第一次用英文上完整个学期、学习并使用一门新的语言、学会做各种各样的饭菜……所有这些经历让我知道进行新的尝试并不是一件困难的事，当离开自己的舒适区并付出努力，总会有意想不到的收获。一起交换的其他同学也有类似的体会，因为整个交换项目涉及学习与生活的方方面面，每个人都会在某一个方面发现自己新的价值。

不得不提的是，在早稻田的交换生活中，我和来自不同国家的同学建立了深厚的友谊。一些我在早稻田认识的同学也作为交换生来到北京大学，我们现在仍经常保持联系，正如在日本时我得到了很多当地同学的帮助，现在我也尽自己所能帮助他们适应在北大的生活。

总的来说，在日本的交换生活是我本科四年中最珍贵的经历。

Peilin Zhang's testimonial



English version:

I had a wonderful time studying in Waseda University. Nishi Waseda campus is not big but well equipped with a central library and libraries in each department, convenient shops at reachable places, home-made obentou (お弁当) at lunch time, elevators in each building, much more importantly, professors with respectable knowledge and great manner. During my stay in Waseda, I experienced courses from different departments - Japanese class full of international students, seminars under interesting topics, lectures guided by wise professors, which were so fulfilling to be forgotten. Apart from study, campus life in Waseda is so colorful and abundant – the school club day when the campus is filled up with music and all sorts of clubs actively recruiting new members, the baseball game between Waseda and Keio where the way of cheerleading is so exciting and amazing, the high-level symphony orchestra and those lectures delivered by celebrities which Jack Ma also dropped by once. Furthermore, I cannot forget the kindness passed by my Japanese friends, who I made culture exchange with through mutual language support, who I played card games with on the grass, who showed their warmth through small gestures. Most importantly, I can never fully express my gratitude to Hirakawa sensei, Yui san, Akasaka san and all the staff who once helped us. The memories with you guys are most precious.

Fortunately, during my stay in Waseda, I had the chance to participate a cleanup activity organized voluntarily by the Green Bird group where Yoichi san and some other stuff of Waseda University are frequent participants. Many primary students joined too that day who actively, carefully picked up small garbage wherever they saw. I was totally moved when some shop owners came out and said thank you to those kids. It was a lesson not only for the kids but also for grownups that we should protect the environment and be grateful to others' help no matter how small the deed is.

It's too limited to make a conclusion to the half year in Japan which makes me improved in so many aspects. If you are lucky to step on this journey, do cherish it!

Chinese version:

我在早稻田大学度过了充实难忘的时光。西早稻田校区并不大但设备齐全：它有一个中央图书馆同时各个学部还有自己的图书馆，便利店随处可见，每幢楼都配备了电梯并且在午餐时间我们能很方便地买到 home-made 的便当。更重要的是早稻田大学有很多学识渊博但又和蔼可亲的老师。我在早稻田大学学习期间，选择了很多不同学部的课程，比如说全部都是国际学生的日语课，规定主题的研讨课，讲座形式的课程，这些不同类型的课程都让我受益良多。学习之余，早稻田大学的校园生活也异常丰富多彩 – 社团日那天整个校园都充斥着音乐，你会为如此多不同类型的社团叹为观止；早庆战上两校间的加油比拼也让人难忘；还有交响乐会；还有各种高水平的讲座，马云也曾来过。除此之外，我还有幸能交到一些日本朋友，我们互相学习对方的语言，交流两国的文化，一起在草地上玩游戏，她/他们给了我很多善意和温暖。最重要的是，我要感谢平川老师、Yui san、Akasaka san 以及其他很多老师对我们的帮助和照顾，和你们在一起的回忆太美好了。

在早稻田学习期间，我有幸能参与一次志愿者活动。那次活动是由 Green Bird 组织的街区清扫活动，很多小学生以及一些早稻田的职员也参与其中。孩子们积极细致地用镊子捡起街边微小的垃圾，当孩子们路过一些店铺的时候，店铺的主人会出来和孩子们说谢谢。我被深深地打动了，这既教育了大家要保护环境也教育了大家要学会表达感谢，不论对方做的是多小的一件事。

我无法为在早稻田的时光做出一个结论，这段经历在方方面面帮助我提高，帮助我认识这个世界。如果你有机会踏上这样的一段旅程，一定要好好珍惜它！

Alex Li's testimonial



English version:

I must say, being one of the members in the Dream Plan program, is one of the best experience I ever had. Attracted by Japanese literature, comics and animations, I applied for the Dream Plan program and then received the offer from Waseda University. I went through a journey of 6 months I hadn't experienced in my life and came back with a lot of great memories. Here, I only talk about the academic part and my travel to Hokkaido.

During the exchange program at the WASEDA University, I devoted the majority of my time to my industrial organization and environmental economics class. I learned theories on oligopoly, product differentiation, price discrimination, externality, sustainability and so on. Derivations of formulas, extensive reading of academic materials, discussion with local students and presentations in Professor Hirakawa's seminars, constructed my school life in Waseda University. I was so grateful that I reached out to many great professors, who gave me fresh impressions on economics and helped me make up my mind to follow a career in academia. In that summer, I found an internship in Institute of Social Science of Tokyo University. I engaged in reading and organizing reading materials of Chinese economic history and historic statistics. I think, the most precious thing I received from the time I spent in Japan, is the zealously and curiosity on study and economics.

When I worked as an intern in U-Tokyo, it happened to be Ghost Festival. I use JRPASS and traveled to Hokkaido by myself. During the day, I spent most time in the tramcar and went a pleasure trip on the land of Tohoku and Hokkaido. During the night, I stayed in different cities, such as Sendai, Akita, Hakodate, Sapporo and so on. One of the best memories is that I attended two summer festivals in different cities and watched fireworks blooming above the towns. I have been attracted by the great nature in suburb and the street scenes in urban. Japan shows its unique and amazing beauty to me in the journey. Even when I came from Japan for two years, when I recall the memory of the journey, it still makes my life bright and colorful.

Chinese version:

我必须说，成为“圆梦计划”的一员，是我至今为止最值得回忆的经历之一。在大二的时候，受到长期以来所热爱的日本文化的感召，我选择了申请圆梦计划前往早稻田大学，并通过筛选拿到了 offer。在日本的 6 个月里，我度过了难忘的时光，留下了许多美好的回忆。然而作为异国来客，我难以将碎片化的所见所闻系统地组织起来，只好单单说一下在学校的学术生活和去北海道的旅行。

我在早稻田交换的时间，主要都投入在了产业组织论、环境经济学和博弈论这样的课业当中。在这些课上，我学到了相比于以往的学习更深入的理论和知识，比如寡头垄断、产品差异化、价格歧视、外部性和可持续性。当时在学校的生活主要是课上的公式推导、学术文章的阅读、和当地同学的讨论以及准备平川老师课上的展示，充实而富有意义。我非常感谢能够有机会接触到这些认真负责、各具个性的教授们，他们让我对经济学这门学科产生了和在本校上课期间完全不同的崭新印象，从而影响了让我决定在学术的道路上继续探索下去。在日本的那个暑假，我找到了一份在东京大学社会科学研究所的实习，阅读和整理中国经济史相关文献和历史数据。我想这也要归功于“圆梦计划”，提供了让我们能够不断探索的机会和勇气。在日本的时光所赋予我的最宝贵的东西，莫过于学校生活带给我的对经济学和研究的热忱和求知之心。

当我在东京大学做实习的时候，刚好赶上了盂兰盆节，于是有了一周左右的假期。利用 JRPASS，我一个人坐着电车去了北海道。白天，大部分的时间我都在电车上度过，在东北地区 and 北海道的土地上漫游，感受日本夏季的自然风光。晚上，我停留在不同的城市，仙台、秋天、函馆、札幌……最棒的回忆之一，是在不同的城市参加了两场夏日祭，观看烟花在小镇上空绽放。日本的田园风光和城市街景构成了我对日本最直接的印象。在这次旅行中，日本用它自己的方式对我展现了其独特而惊人的魅力。即使现在我已经从日本归来两年，我仍然希望能够再度经历一次这样一段使生命发光的旅程。

Yi Gao's testimonial



English version:

The most memorable experience to me must be Sukumo field trip. During our stay in Kochi prefecture, I had the chance to get close to Japanese rural culture and communicate with residents there. Thanks to local government's support, the trip was both interesting and informative. While experiencing Sukumo culture, we also had a general understanding of the local political system and economic development mode. Despite the severe aging problem, local government and people are working hard to improve the situation. On the one hand, public and private support centers look after the elderly in need of caring services. On the other hand, industrial upgrading and population introduction advocated by the government will also alleviate the aging problem to some extent. I remember being in the forest and seeing trees being cut down after precision measurements for maximum sustainability. As I learned more about the place, I was particularly touched by the willingness of some young people to come back after college to make contributions to their hometown. I realized when I visited The Sakamoto Ryoma Memorial Museum that Sukumo is a historic node connecting the past and creating the future. Perhaps that's why my memories of it are so wonderful and marvelous. May lovely Sukumo embrace brighter future!

Chinese version:

最让我印象深刻的就是宿毛之旅。我们一行人走出了东京，到日本的乡村实地探访，有机会和当地的居民交流，去深入地了解日本文化。在当地政府的大力支持下，我们不仅感受了宿毛的风土人情，也对当地的政治组织形式和经济发展状况有了大致的了解。面对严峻的老龄化问题，当地的政府和居民不断地付诸努力，一方面，用社区关怀等方式照顾行动不便的老年人；另一方面，不断优化当地的产业结构，吸引更多的人才来到宿毛。一些年轻人大学毕业后选择回到家乡工作，也为当地注入了新鲜的活力。临别之际，在坂本龙马纪念馆前，碧蓝的海浪轻缓地拍打着沙滩，我忽然领悟，宿毛是一个多么特殊的连接历史、创造未来的节点，我们参访的每一天也像是在传统和现代之间来回穿梭的奇妙旅程。愿可爱的宿毛迎来更美好的明天！

Xinyi Wu's testimonial



English version:

Master Kong program brings me a lot. Not only I have the chance to experience studying at Waseda University, which is well known in all over the world, but I have a deeper understanding of Japan. The greatest thing is that, in the program, we have lots of chances to listen to all kinds of lectures, including lecture on Japan politics and economy, lecture on how to protect the environment and lecture on connections between Japan and China. After the lecture, we can have small talks with the lecturer! They are always willing to listen to our ideas and thoughts, and are willing to share their views. There are all kinds of lectures, for me I like the lecture on Japan's film most! Also, because of those lectures and other activities in Waseda, I begin to develop global perspectives. In Waseda we are always encouraged to share ideas with foreign classmates in classes, therefore more voices can be heard. We can know more about how foreigners think about Japan and China. Personally speaking, those opportunities is a great help to build my confidence as I lack of confidence when speaking in public.

I am always grateful When I look back at the experience in Japan and Waseda University. It is absolutely not only an experience to have fun in a foreign country, and the benefits are far more than you can imagine. It might bring you lifelong memories!

Chinese version:

康师傅早稻田圆梦奖学金项目带给了我很多，不仅是在日本的一个学习体验，更是对于整个日本社会更加深入的了解。在项目中我们有很多机会去倾听各种讲座，了解日本的政治面貌、环境保护措施、经济现状，以及各种中日政治、经济、文化等各个方面的联系。例如有教授给我们带来中日电影进一步合作的思考。丰富多彩的讲座大大拓展了我们的视野，使我们可以用比较、发展、学习的眼光去看待这个和中国毗邻的国家。在讲座后，我们都能和讲座者对话并分享观点。在早稻田大学上课时，我们也能有更多机会去和外国友人交谈，了解世界各地的人对中国、日本以及中日关系的看法。对我个人而言，因为经常被鼓励在课上发言，我逐渐地对于在公众场合发言更有自信了。

在回忆这个项目时，我时常很感动。康师傅早稻田圆梦奖学金项目给我带来了一辈子的美好回忆，是一个非常值得参加的项目！

Yinghui Zhou's testimonial



English version:

During the six months in Japan I have grown a lot, among which the most important improvement is that my self-confidence has been greatly improved by constantly learning new things and overcoming new difficulties. Before going to Waseda, I was often afraid to take a new step because of my lack of confidence. But in the exchange program, I experienced the first time to take a full semester of classes in English, to learn and apply a new language, to cook all kinds of food... These experiences tell me that even if for the things I haven't tried before, as long as I put effort into them, there will be gains. I've asked several other friends about this, and they feel the same way. There are different aspects of the exchange program so that everyone finds himself valuable in one area or another.

In addition, it must be mentioned that in the exchange life of Waseda, I have forged a very deep friendship with many students from different countries. Some I knew in Waseda also came to Peking University as exchange students, and we often keep in touch. Recently I'm doing my best to help them better adapt to life in Peking University.

Generally speaking, exchange in Japan is the most precious experience of my college life.

Jackson Zhao's testimonial



English version

The Master Kong Scholarship Program provided me a unique opportunity to explore diverse academic fields, which later contributed to my postgraduate choice. I was enrolled at the School of Political Science and Economics – a top and prestigious school with modern facilities and influential alumni. During the semester, I learned the International Environmental Policy and Politics course with truly international classmates and studied urban issues in a course instructed by a knowledgeable German professor. In addition, opportunities to practice and present my research were abundant. I was mentored by professors to develop and accomplish an econometric study, a Tokyo's urban research project, and my dream plan – Corporate Social Responsibility in Japan. These academic trainings required extensive readings, writings, and oral presentation, therefore, significantly developed my academic capability in the English world. Learning in public policy process and economics broaden my knowledge and later helped me apply graduate programs in environmental policy and economics. The Dream Plan project was very rigorous and presented me a lens to peek into the Japanese business culture and the society. This experience has proved to be beneficial for building my multicultural understanding and capability. As I faithfully believe, my successful application to Rhodes Scholarship can be partially credited to my academic and cultural experience at Waseda University, the Dream Program, and in Japan.

Chinese version:

康师傅圆梦奖学金计划为我提供了一个独特的探索不同学术领域机会，这对我后来的研究生选择有所影响。交换期间，我就读于政治科学与经济学院，这是一所历史悠久、世界知名的学院，拥有现代化的设施和有世界影响力的校友。在这学期里，我和来自许多国家的国际学生共同学习了国际环境政策和政治课程，并在一位学识渊博的德国教授的指导下学习了城市问题研究课程。此外，实践和展示我的研究的机会也很丰富。在教授们的指导下，我完成了一项计量经济学研究、东京的城市研究项目和我的梦想计划——日本的企业社会责任议题。这些学术训练需要进行大量的阅读、写作和口头陈述，得益于此，我在英语世界的学术能力得到了显著提高。在这其中，公共政策过程和经济学的学习拓宽了我的知识面，后来帮助了我申请环境政策和经济学研究生课程。梦想计划项目研究非常严格，给予了我一个透视日本商业文化和社会的视角。事实证明，这些经验有助于培养我的多元文化理解能力。我非常相信，成功申请罗德奖学金的部分原因就在于我在早稻田大学、梦想计划和日本的学术和文化经历。